

Post-Operative Care Following General Anesthesia

1. Your child will feel sleepy and drowsy for a while after anesthesia. It is OK to let your child sleep after procedure. On reaching home, please make sure that child is appropriately monitored at all times. Please do not let your child participate in any outdoor activities or rough play.
2. Nausea and Vomiting can occur after anesthesia. This usually occurs in the Recovery Area BUT can sometimes occur due to car ride home or even later. Please make sure your child drinks fluids and stays hydrated. However if the vomiting persists or you are concerned about dehydration please contact us or your physician.
3. Sometimes child will have a mild fever after anesthesia. This is normal occurrence after anesthesia due to some medications that are used. You can give your child Children's Tylenol or Children's Motrin. However, if the fever is high and lasts long time i.e. more than 24 hours, please contact your physician or dentist.
4. Muscle Aches and sore throat may occur after anesthesia. This is a common after anesthesia and usually goes away in 24-36 hours.
5. Give your child soft and bland diet for a day. This includes apple sauce, soup, mashed vegetables etc.
6. If your child has crowns or space maintainers please do not give them sticky candy or gum. This may lead to displacement of the crowns and spacers.
7. Please start brushing and flossing your child's teeth and gums tomorrow.

Please call our office if you have any questions or concerns.