

Important Information Regarding Your Child's Appointment

Please **Do Not** give your child anything to **Eat or Drink** after Midnight, the night before your child's appointment. Any Food or Liquid in child's stomach can cause vomiting under anesthesia and may lead to a **Medical Emergency**.

After midnight your child can **ONLY** have **Clear Fluids*** up till **3 (Three) Hours** before their appointment time.

For Example: If your child's appointment is at 8 am, then the only thing he/she may have is water or clear apple juice between midnight and 5 am. After that your child is NOT allowed to drink anything. Not even a sip of water. This includes gum and mint.

Clear Fluids* Allowed

Water, Gatorade, Ginger Ale, 7 Up ONLY

Any Other kind of fluids is **NOT Allowed**. This includes Juice, Milk, Broth, etc.

If your child wakes up before you in morning please make sure all food and drinks are off limits.

Do Not plan to Send your child to school if they have a late appointment. If your child goes to school the appointment will be **Cancelled**.

It is very important to follow these instructions for your child's safety.

Parent/Guardian Signature